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NSS ACTIVITY 2020-21

Activity Name 1: Women's day

Activity Date : 8/3/2021

On the occasion of *International Women's day* celebrations, all the women staff members and girl students of Mahavveer Institute of Science and technology took out a "*Women's Day seminar*" on 8th march 2021 at 10.00am, rally started from *MIST SEMINAR HALL*

At the end of the seminar faculty and students have gathered in the seminar hall and women chief guest officials have addressed the gathering with regards to procedure to followed in case of atrocities and abuses on women.



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Activity Name 2: INTERNATIONAL YOGA DAY-2021 on campus

Activity Date:: 21/06/2021

3 rd International yoga Day was celebrated by *Mahaveer Group Of Institutions On 21 June 2017*. The programmeme was organized in Mahaveer Engineering college. It stared at 11.00 AM with Vandematharam song and lighting of the lamp. *Sri.S.Sudharshn Reddy Chairman* of Mahaveer group of Institutions, *Sri.S.Surender Reddy, Secretary* Mahaveer group of Institutions, Heads of the departments, teaching and non-teaching members of the institutes and students participated in the programmeme.

Upa-Yoga helps to overcome physical as well as psychological stress. Upa-Yoge asanas which were taught help us to improve health, for success, to create Joy, Peace and Love in life. The module says that these practices can be followed by anyone above 7 years of age.

Sri.S.Sudharshn Reddy ,Chairman of Mahaveer group of Institutions spoke on this occasion. He stressed upon the introduction of Yoga practicing in present education system. This will help the students to overcome various problems and improves concentration enabling to succeed in their life. The practices which were in use earlier days should not be avoided and he requested everyone to keep practicing such healthy activities in this stressful environment. He said Mahaveer Group of Institutions will always encourage and promote such healthy programmemes.

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Activity Name 3 : SOCIAL ENTERPRENERSHIP

Activity Date:: 23/01/2021

Social entrepreneurship is the process of recognizing and resourcefully pursuing opportunities to create social value. Social entrepreneurs are innovative, resourceful, and results oriented. Organized by Samskrti Samvada



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Activity Name 4 : Covid Volunteers

Activity Date:: 25/07/2021

The protection of children and educational facilities is particularly important. Precautions are necessary to prevent the potential spread of COVID-19 in school settings; however, care must also be taken to avoid stigmatizing students and staff who may have been exposed to the virus. It is important to remember that COVID-19 does not differentiate between borders, ethnicities, disability status, age or gender. Education settings should continue to be welcoming, respectful, inclusive, and supportive environments to all. Measures taken by schools and colleges can prevent the entry and spread of COVID-19 by students and staff who may have been exposed to the virus, while minimizing disruption and protecting students and staff from discrimination.



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Activity Name 5 : Samskruti Samvad

Activity Date:: 27/11/2021

NSS in association with *Samskruti Samvad* by *Samskruti Foundation* conducted a Debate on "*Practicality of Joint Family in current times*" on 6th of October 2018 from 11:00 am to 1:00pm in the main auditorium. The following dignitaries graced the occasion. *Smt.Satyavathi Garu, Executive member & Resource person Mr. Gudla Natraj* Secretary Samskruti Foundation, Mr. Bhoumik Desai Member Samskruti Foundation, Mr.Abhinav Member Samskruti Foundation, Dr.Prathiba HOD (H&S) MIST Dr.Madhusudan Assot.Prof (H&S) MIST. The students participated with great zeal. Participation certificates were given away by the guests.



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Activity Name 6: Traditional Day

Activity Date: 9/12/2021

NSS in association conducted on 9,10 December 2021 "*Traditional Day* it was observed as a celebration of India's diverse culture. It's a day designated for people to come in traditional attire from their home state, or specific culture of their choice. Students were completely in their high traditional competitive spirit.





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